



## EAST SURREY WALKING FOR HEALTH

Dear Member

You will now be aware that the Walking for Health charity, under the name of Action for Life, was dissolved on 13 April 2015. However, the scheme continues under a new name and management.

We are pleased that **East Surrey Walking for Health** is now managed by **YMCA East Surrey** – a vibrant local charity that supports individuals and communities. Given their well-established health and wellbeing programmes, together with their experience of sport and physical activities, we feel that the YMCA's management of the walking scheme makes for a very good fit.

**East Surrey Walking for Health** is one of six schemes in Surrey and is the largest in terms of number of walks, volunteers and walkers. We currently operate **22** individual walks across **Reigate & Banstead** and the **Tandridge district**. In January 2015, our scheme was accredited by our national body: Walking for Health, and we are very pleased to have **52 dedicated trained volunteer walk leaders**

We would like to take this opportunity to thank you for your support so far. Your membership and voluntary donation are still as valuable and necessary as ever. In the past year, this has helped towards the management of walks across the scheme along with the publishing of up to date walks programmes; Stepping Out newsletter and other literature; the cost of postage and stationery, and room hire. Together, we are making a real and lasting difference to the health of people in East Surrey.

If you wish to continue supporting our healthy walks, we usually suggest a **voluntary annual** donation of **£10**. However, any donation is welcomed. Details are outlined below.

**East Surrey Walking for Health** is looking forward to being part of a much larger organisation and we hope that you will continue to have a place within our scheme.

Thank you.

**Julie Haslett** ~ Coordinator, East Surrey Walking for Health

E [julie.haslett@ymcaeast Surrey.org.uk](mailto:julie.haslett@ymcaeast Surrey.org.uk)

T 01737 779979

*Please note: all members' details currently held on the Action for Life database are to be transferred to the new Walking for Health database at the end of May 2015 - unless you choose to opt out. In this case, please let us know.*

## MEMBERSHIP OF EAST SURREY WALKING FOR HEALTH

Do you currently attend an East Surrey Walking for Health walk? Yes  No

If yes, which walk do you attend? \_\_\_\_\_

I would like to renew my membership/make a donation (delete as necessary) of East Surrey Walking for Health for 2015/16.

### I wish to pay in the following way (please tick):

- Cheque – payable to YMCA East Surrey  
 By bank transfer (\*please include payment reference below)

### The amount as detailed below:

Voluntary Annual Subscription    £10.00 (suggested)  
Annual Donation                    £\_\_\_\_\_ (optional)  
**Total**                                    £\_\_\_\_\_

Credited \_\_\_/\_\_\_/2015 - with a \*payment reference: WfH + Your surname + Initials

Account Name: **YMCA East Surrey**

Sort Code: **20-23-97** Account No: **20768324**

**Please return this form, along with any cheques to Mrs Carol Courtney, Flat 9 Haven Court, 9 Yoxall Mews, Redhill, RH1 1TF**

I want YMCA East Surrey (Registered Charity No: 1075028) to treat all donations I have made in the current tax year and thereafter until I notify you otherwise as Gift Aid contributions. I confirm that I have or will pay income or capital gains tax to the same level as my gift aid donations to all charities each year. I understand that other taxes, such as VAT and council tax do not qualify and YMCA East Surrey will reclaim 25p tax on every £1 donated.  
*(Please delete this paragraph if not applicable).*

### PLEASE PRINT IN BLOCK CAPITALS

Title: \_\_\_\_\_ First Name: \_\_\_\_\_

Surname: \_\_\_\_\_ Signed: \_\_\_\_\_

Full home address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / \_\_\_\_\_

Email \_\_\_\_\_

Please tick the box if you would be happy to receive any correspondence or newsletters from East Surrey Walking for Health by email